

22 Leeming Street: *The Next Chapter*



Our program at 22 Leeming Street has been a second home for children with developmental disabilities for almost 35 years, and the site has been modified over the years to meet the needs of the day, from its beginnings as the Child Development Centre, to more recent changes offering weekend Children's Day Respite. In addition to providing a long-standing and successful Adult Day Program, 2017 will mark the next chapter in this site's ongoing dedication to children, as the home of Special Needs Resourcing (SNR). As our Executive Director, Sherry Parsley noted in the previous issue of *The Advocate*, this program "will be directly supporting and serving over 200 Licensed Child Care Providers."

In preparation for the launch, 22 Leeming Street is undergoing a substantial project to update building infrastructure and provide working space for SNR staff. To date, this project has included:

- Replacement of the original boiler with a modern, high efficiency model
- A new roof, ensuring decades of continued longevity
- A bright new fascia surrounding the building's exterior
- 4 new offices for Special Needs Resourcing management
- Conversion of the meeting room into a team meeting space
- Hot Desk Room for staff based in licensed childcare providers to use as a dedicated workspace
- A new SNR Administrator Office and Day Program Manager's office

Every day, under the Leadership of Property Manager Dave Morgan, progress is being made to oversee contractors, install flooring, paint, and furnish the new spaces. In fact, SNR Supervisors are now in their office spaces, adding personal touches that make these spaces their own.

Community Living Hamilton continues to serve children at 22 Leeming Street as we have for so many years, and we are excited to see the physical space transforming to mark the next chapter of this service as it becomes the home of Special Needs Resourcing.

Paul Nicholson
Manager, Corporate Services

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UPS Plane Pull

On Saturday, September 24, 2016 Community Living Hamilton had a team participate in the first ever United Way Plane Pull. With the support of many of you, we were able to raise \$855! It was a fun day and a great experience.

I am proud to announce that our team came in **3rd place** with a time of **23.76 seconds!!** Please join me in congratulating our team on job well done!

I would also like to take this opportunity to thank Mary Lanosky for being our top fundraiser with a grand total of \$305! Mary also helped organize some special helpers to join our team and help us to win that bronze medal. Some of you may recognize them in the photos.

*By: Lisa Camern
Manager - Client Services*



Kentley's Adventures at TEAD

Every Friday morning since September 30th, Bryan & Iggy head to TEAD to meet with Kerry to groom, feed and learn about horses.

The first thing we do when we arrive is to decide which horse needs to be groomed. We have groomed three horses; Wrangler, Ebony and Andy. We lead the horse from their stall to the long barn where we can start grooming. The first step is scraping and cleaning their hooves with a tool called a "hoof pick", then we use the "curry comb" and make small circles on the body of the horse, the third step is using the "dandy brush" to flick the dirt off the horses, and finally we use the soft brush to make the coat shine.

We have also fed the horses, walked with them in the arena and sat with them outside while they snacked on grass.

Our last session was on Friday November 25th, we enjoyed our time with the horses and our Instructor Kerry. We are looking forward to signing up for more sessions in the spring.

By: Alison Binns
Manager - Client Services



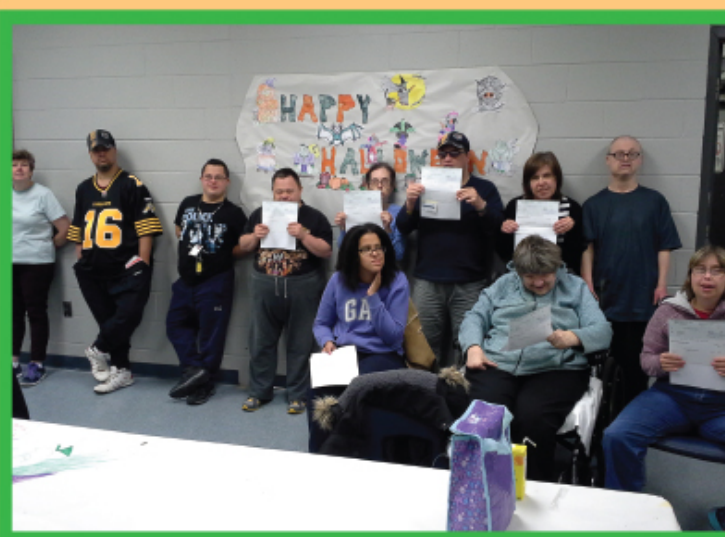
Fun Times at Valley Park

The Valley Park group has been quite busy these past few months. Summer started off with the participants discussing and voting on their favorite things to do at program. Their choices were reflected in their summer and fall calendars. We decided to show off some of the most fun and interesting activities that we did this year.

By: Gloria Petitti

Manager – Client Services







Affordable one-on-one swimming instruction for children with special needs

Who: A not-for-profit McMaster student initiative that is a registered chapter of SwimAbility Canada

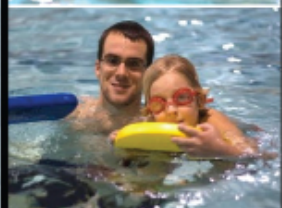
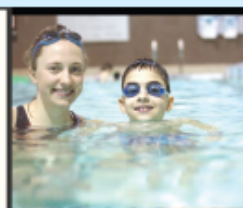
Where: YMCA in downtown Hamilton

When: Winter: Saturdays January- March

Cost: \$40 per season

Register: <http://hamilton.swimability.org/>

And like us on Facebook!





My Experience @ a ticats game

It was a cold and Overcast Saturday Oct 1/16 afternoon. Also it was C.L.H day there.

Steve drove us to the game. We found a parking lot that was close to Tim Hortons Field.

We arrived to the gates to get into Tim Hortons Field. Then we in, The Gentleman saw Steve and us waiting to take part in the Canadian Flag Ceremony. He asked us, "Are you guys helping out with the Canadian Flag Ceremony?" Then We said, "YES." I was a little nervous and never did this before for a Ticats home game. Next the Gentleman says to us, "Please stand at the back of the Endzone please." Thank you.

It was almost Game time, the volunteers brought the big Canadian flag and walked on to the field. Finally, the Gentleman said to us, "Please follow the line for the Canadian Flag Ceremony." Everyone at Tim Hortons Field stopped to remember the fallen Calgary Stampeders player who was killed in a boating accident #31. Mylan Hicks. When the American and Canadian National Anthems were sanged, the volunteers and us took the Canadian Flag off the Field and put it in a Special Cart. Also TSN was televised the game. The opposition was the Calgary Stampeders. Sadly, the Tiger Cats lost the game. I hope that sometime I'll attend more Ticats Home games and give My support to the HAMILTON TIGER CATS.

C.L.H DAY FINAL SCORE



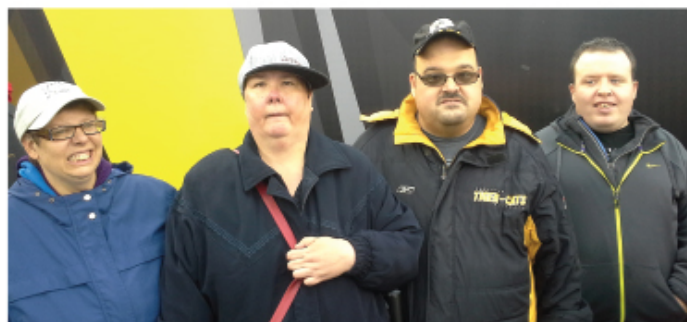
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GO TICATS. EAT'EM RAW.

Done by: Scott C.



Best Buddies Halloween Meet and Greet

The McMaster Best Buddies Chapter had a spooktacular start to their new year. The Meet and Greet event was held on October 29th and nearly all of the members of the club dressed up in frightfully wonderful costumes for the first chapter event. The event started off with a chance for all returning and new buddy pairs to connect over a game of human bingo. Then there was a chance to participate in a variety of Halloween-themed activities, from decorating masks to mummy wrapping.

We also held our Boston Pizza Fundraiser on November 10th, and wanted to thank everyone that came to support us. It was a wonderful success and we had over 90 people attend. A great time was had by everyone and we made just over \$1,000.00 for our chapter. Thanks again!!

*Patti Harvey
Coordinator - Recruitment and
Oboarding*



Coloured by: Reg King





Winter Program

The week of December 26 - 30, 2016 Community Living Hamilton held another very successful Winter Program. Clients participated in many different activities and outings of their choosing, including:

- Making homemade bath bombs
- Creating and starring in our very own play (which included a little dance number)
- Created personalized comic strips
- Went to the Dutch Mill
- Cheered for our teams in the World Junior Hockey Championship
- Made sandwiches with all different kinds of toppings
- Learned about the solar system and then created our own
- Went to the Tim Horton's museum
- We had a big winner at the casino
- Went shopping and walking around the bay
- Experimented with trying different herbal teas
- Meditated and chanted and the list goes on

The most popular activity which everyone was excited about was creating their own ice - cream with varying flavours (cookies and cream was the winner)..... did I mention, they created their own ice cream FROM SCRATCH!!!

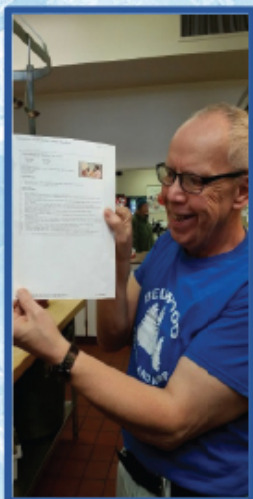
We also had some very special visitors who were gracious enough to allow us to snap some personal photos which everyone got to take home with them, including our staff team; Janiet Costa, Leola Hordijk, Veronica Jovanovic, Christina Lagana, Sarah McGregor, Lori Monroe, Sheena Simic and Lori Monroe. They all worked really hard to ensure everyone had a truly remarkable week!

Andrea Lewis
Manager – Client Services

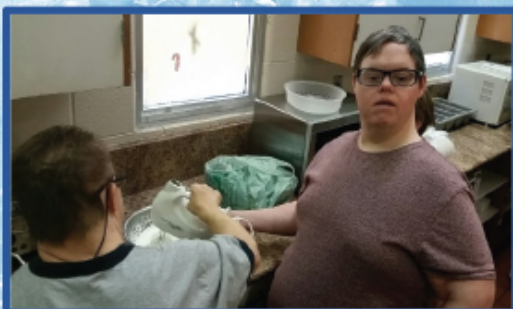
Lisa Cameron
Manager – Client Services



Dance number in our cafeteria
Hysteria production.



George, aka The
Holder of the
Sacred Ice Cream
Recipe.



Brian and Andy making ice cream
FROM SCRATCH!



Delicious Sandwich making.



Finished Cookies and Cream
ice cream.



Jamie creating his Master Planet.



Darcey and
Harlequin Lori!



Creating colourful bath bombs.



Christina, Jackquie and Sarah
strike a pose!

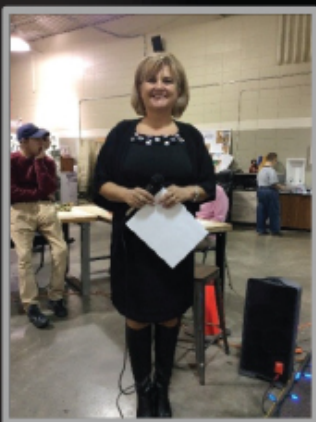
York's Got Talent 2016

At the end of November, the York Program held its first "York's Got Talent" show. What started as a relatively small endeavor quickly grew into a program wide event with 100% participation of everyone involved in the York program

It was a huge success and has lead to other themed talent shows.
Here are a few pictures from our Christmas talent show 2016.

Robyn Garnier

Instructor – York Program



MC Diva Denise



The Judges - Michael, Dan & Tony



The Winners

1st Place: John (Elvis) Ames - pictured in the middle

2nd Place: John (Bowzer) Zik - pictured left

3rd Place: Pam (Pretty Woman) Cardoni - pictured right



Blood collection services tailored for individuals with Autism Spectrum Disorder



www.lifelabs.com/autismprogram

At LifeLabs we understand that having blood drawn can sometimes be a source of anxiety for individuals with Autism Spectrum Disorder (ASD), which can result in delayed diagnosis and treatment. This is why LifeLabs developed specific blood collection practices as part of our Serving Customers with Autism program to deliver a safe and positive experience that increases the likelihood of a successful procedure.

The program will be available at all LifeLabs Patient Service Centres in British Columbia and Ontario in early 2017.

What you need to know

LifeLabs' Serving Customers with Autism program is specially designed to provide a caring and compassionate experience for individuals with Autism Spectrum Disorder (ASD). We recognize that blood collection can be a difficult experience for some patients, our Serving Customers with Autism program helps to ensure a safe and positive experience to increase the likelihood of a successful collection.

The program offers:

- Flexible appointment dates and times
- A one-on-one experience tailored to meet your needs
- Fast and reliable test results

Our first priority is the safety of our patients and employees – if a procedure is not going well, we'll work to find an alternative time or collection method that is best for the patient.

Where these services are offered

The program is offered at select locations. Please visit the [Location Finder](#) and click on the box beside 'Serving Customers with Autism' to search for a location offering the program nearest you.

How to book an appointment

Appointments are required. Once you find a location, please call us and request an Autism Program Appointment and we'll take care of the rest!

Ontario

1-877-849-3637

Online booking for this program is currently unavailable.

Tips and tools for your visit

Discuss your visit

Discuss what will happen during your visit without focusing on the unpleasant or painful aspects of the procedure.

Visual supports

Visually demonstrating what will happen during your visit can help clarify the procedure, establish predictability to reduce anxiety, decrease frustration and help the patient cope more effectively during the experience.

You can use the following printable storyboards to demonstrate what to expect during your visit. You can also request them when working with a member of our Client Services Team to tailor your experience.

- [Registration at LifeLabs](#)
- [Registration and Take a Number at LifeLabs](#) (BC Only)
- [Blood Collection Procedure](#)

To make sure your visit with us is a positive experience, please don't hesitate to review or print the information below prior to your visit:

- [Patient Check-List](#)
- [Patient Questionnaire](#)

Tools and Toys

Bringing distraction tools and toys can help comfort and entertain the patient during the procedure. We encourage you to bring the following items to your visit:

- Portable game device to play videos or music
- Favourite toy or stuffed animal
- Visually stimulating or tactile toys (colourful toys, vibrating toys, etc.)

Movie Review



Movie: “Twister” and “Into the Storm”

If you like action movies filled with special effects you'll love, *Twister*, and, *Into The Storm*. Both movies are about 'man versus nature' or in this case, 'people battling tornadoes'.

Twister, starring Helen Hunt and Bill Paxton, is the older of the two and was released in 1996. After the opening scenes the movie begins with Bill Harding, played by Paxton, seeking out his ex-wife, Jo, played by Helen Hunt, to get her to sign divorce papers. Jo is still in love with Bill, and Bill who is engaged to another woman at this point is still in love with Jo, although he doesn't realize it. As the movie progresses Bill gets dragged back into his former life as a storm chaser as he helps Joe and her crew track tornadoes and try to launch Dorothy, a machine made for studying tornadoes, into the eye of a tornado. After numerous attempts they are finally successful and the movie ends with a Bill and Jo rediscovering their love for each other after narrowly avoiding death from The Finger of God, a category five tornado.

Into The Storm starring Richard Armitage and Sarah Wayne Callies was released in 2014. The film follows Gary Fuller, played by Armitage, the vice-principal of a high school as he and his two sons prepare for a graduation ceremony unaware that a series of tornadoes is bearing down on the school. When Gary realizes that his oldest son, Donnie, has left the school to help a female friend tape a video in an abandoned factory he sets off in pursuit of his son. Along the way he meets up with Pete, a veteran storm chaser and his meteorologist Allison, played by Sarah Wayne Callies. Together, the trio along with a few others race towards the factory to save Donnie dodging tornadoes along the way.

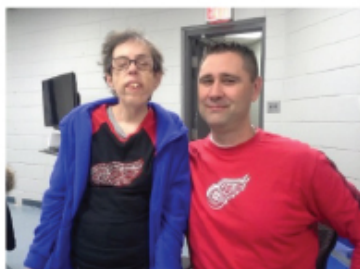
I enjoyed both movies for similar reasons. Both are filled with nonstop action and special effects that are fun to watch even if they are at times a little hard to believe. Both also have love stories as a sub plot. I'll leave it to you to judge which one you like better, but for me I give both films 5 stars.

Carl Wilker, Film Reviewer

Out and About



Remembrance Day at Gore Park.



Dawn and Clancy getting ready for the upcoming hockey season!



Cookies baked at Rosedale.



The Rosedale program recently donated a knit blanket to the Native Women's Shelter. It took the team over 2 years to complete the blanket!



The Rosedale program has raised \$126.00 for United Way. They did a "Wear Your Pajamas" to program, a Chocolate Chip Cookie Day and a "Wear your Ugly Christmas Sweater" to work day.



Participants of the Huntington Program were photographed at a local Halloween Shop; browsing the costume aisles and searching for decoration ideas to augment their Halloween luncheon.

Hi Everyone!

Happy New Year! I hope you all had the chance to spend some quality time with friends and family over the Christmas break.

I have been receiving a lot of articles and pictures from some of our different programs. For that, I wanted to say thank you to all the managers and clients. We appreciate all the hard work you do! I also wanted to thank our members, clients and staff for attending our Annual General Meeting in October. We had such a great evening and Mark Wafer was an amazing speaker!

I hope to hear from you soon!

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