

2015 — SPRING EDITION

COMMUNITY LIVING
Hamilton



The Advocate

YOUR COMMUNITY CONNECTION

CLH Wins Top Honour from United Way



Congratulations goes out to Community Living Hamilton and our 2014 United Way campaign. We were the winners of the 2014 Spirit of Community Award for Agency Campaign of the Year! The United Way Committee is pictured above with members of the United Way of Burlington and Greater Hamilton cabinet and CEO Jeff Valentin.

The Rosedale Day Program (right) has started the 2015 campaign already at their site! Every Friday, staff and clients make a donation to the United Way to be able to wear their pajamas for the day. Good work Rosedale!



Strategic Planning Framework 2015-2018

STRATEGIC FOCUS AREAS

- 1 **Program Development**
- 2 **Organizational Development**
- 3 **Partnership Development**

STRATEGIC DIRECTIONS

- 1.1** Expand respite services to be more flexibly available to families
- 1.2** Expand direct funding and fee for service options to provide more choices for families
- 2.1** Commit to continuous improvement at all levels to better meet the needs of people
- 2.2** Build an adaptive environment through training and development for
- 3.1** Develop integrated, strategic alliances with select service partners to contribute to a more efficient and effective local service delivery system



Through the strategic planning process our Board of Directors identified three (3) Strategic Focus Areas and a number of Strategic Directions, and identified an ambitious and exciting Strategic Project: the creation of a Community Respite Centre.

We confirmed a renewed commitment to building on our strengths and experience to provide the best possible services for individuals and families; we committed to creating productive alliances with service partners, and we committed to continuously improve in all areas of the organization. Stay tuned for further updates in The Advocate as we move forward with the Strategic Directions and the Strategic Project.

STRATEGIC PROJECT **Build a Community Respite Centre**

The Centre will welcome children, teens and adults, in areas designed especially for them, and will offer an array of respite care, flexible day programs, events and activities.

Building Friendships in the Community



Each Monday, Wednesday and Friday as the fire fighter league plays hockey at the Mountain arena on Hester Street, one of our clients, Sean, often cheers them on. Recently, a fire fighter came up to our room just before going on the ice to give Sean a Maple Leafs hat that the team had bought for him. Their team is the Leafs and they wanted their #1 cheering fan to have a hat to match! Sean is absolutely thrilled! It is wonderful being in this arena and it truly demonstrates the value of community based programs.

Karen, Michelle and Dale
Hester St. Day Program

CLH Stepping Stones at 191 York Blvd.



A group of clients and staff from the ARC Program took some time out of the work day to help beautify the gardens at 191 York Blvd. They placed handmade custom stepping stones throughout the gardens on the property. Special thanks to the Rosedale Day Program for making the beautiful stepping stones. Josh Kirkwood (left) helped with the gardens.

Pizza Lunch in Support of Best Buddies



The Rosedale Program dined out for lunch on February 25 in support of Big Brothers. Boston Pizza on Main St. West donated a portion of every lunch purchased to The Best Buddies McMaster University Chapter. Community Living Hamilton has over 50 Best Buddies matches with McMaster. It's safe to say everyone enjoyed not only the pizza and salad, but a great lunch hour spent with friends. Thanks to everyone who supports Best Buddies!



Congratulations to Staff and Volunteers

Community Living Hamilton celebrated staff and volunteers who achieved milestone years of service in 2014 on April 30 at the Courtyard Marriott on Upper James. Over 80 people celebrated the evening that included dinner, service recognition and the presentation of the "Helping Build Great Lives Award" that was awarded to Carol Myke. See the next page for more information about the award. Congratulations to everyone who achieved a milestone!



Walter Dobroff welcomes everyone on behalf of the Board of Directors.



Volunteer Service
Susan Hill (15 years), Dale Hill (15 years) and Stan Deary (5 years)



10 Years of Service
Carol Myke and Karleen Bainbridge



15 Years of Service
Sarah Knight, Kathy Hastings and Cheryl Doyle



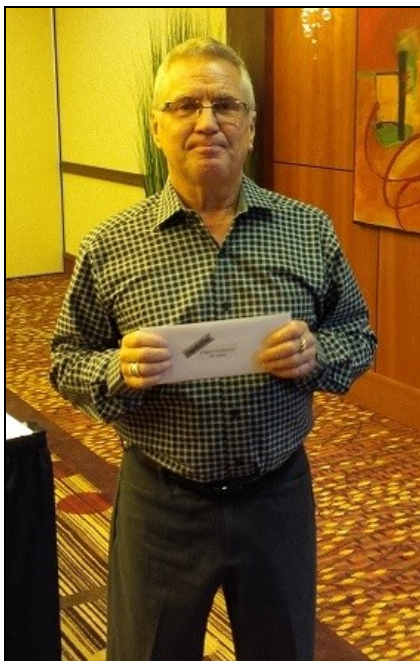
Who Achieved Service Milestones in 2014



20 Years of Service
Don Purich, Geva Chipembere and Dan Chartier



25 Years of Service
Leslie Smith, Ann Manning, Denise Kidd, Steve Rothwell,
Robyn Garnier, Lynda Barracetti and Laurie Richard



35 Years of Service
Edgar Kuskevics



Carol Myke was the inaugural winner of the Helping Build Great Lives Award. The award will be presented annually to someone from CLH who:

- Builds community integration for the people we support
- Enhances CLH projects/initiatives
- Builds community partnerships/participation

Congratulations Carol!!

Ontario's Autism Parent Resource Kit



Designed by Aiden Lee. Aiden is on the autism spectrum and enjoys expressing himself through his paintings.

The Ministry of Children and Youth Services is pleased to let you know about the availability of a resource kit for parents and caregivers of children and youth with autism spectrum disorder (ASD).

This web-based kit provides information and resources to support families of children and youth with ASD at all stages of their child's progress and development.

FOR SERVICE PROFESSIONALS/ PROVIDERS:

We encourage you to share this link widely with your colleagues, partners, stakeholders and clients.

<http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/autism/aprk/index.aspx>

FOR PARENTS/FAMILIES:

Please visit:

<http://www.children.gov.on.ca/htdocs/English/topics/specialneeds/autism/aprk/index.aspx>

The kit includes information about:

- Diagnosis and treatment
- Strategies for daily living
- Services and assistance available in Ontario, including information on financial support
- School support, extra curricular and recreational activities
- How your child develops, including sensory, physiological and social development
- Health care
- Parenting and family support

This kit is intended as a guide for parents and caregivers; it is not a substitute for professional advice.



MINISTRY OF CHILDREN
AND YOUTH SERVICES



Was your child born between 2011 and 2014?

Do you want to talk to a researcher about your experience with getting support for your child? Examples of support include:

- A resource consultant
- Autism support services
- Speech and language
- Behavior supports
- Physical therapy
- Mental health services
- Occupational therapy
- Aboriginal family supports
- Other advice or assessment related to your child's growth or development

If you have used (or are waiting for) any of these services **we would like to hear your story.** The Inclusive Early Childhood Services System Project wants to learn from your experiences in getting support for your child. The study hopes to learn more about how early childhood services are meeting the needs of Ontario families. Participation in the study is voluntary and involves:

- A 1.5 to 2 hours interview that will be audio-recorded.
- Child care and/or translation if needed
- The opportunity to participate in an interview once a year until 2017
- A thank you gift for your time (value \$30)

If you would like to join our study or find out more information please contact the project office at, inclusion@ryerson.ca, 416-979-5000 ext. 7637, or www.InclusiveEarlyChildhood.ca



In the Know & On the Go

2015 Spring & Summer

For more information, visit our website at www.communitylivinghamilton.com

In the Know

All sessions are offered seasonally and include 11 weekly classes for a cost of \$385 per session.

Sunday Social Sunday 2:00-4:00pm

Each session's group works together to plan, budget and participate in activities based on interests and preferences.

Crafting Wednesday 6:00-8:00pm

Explore your artistic talents and challenge your imagination while creating crafts to treasure or give as gifts. No experience necessary. All materials provided.

Men's Club Thursday 6:00-9:00pm

Each session's group of men works together to plan, budget and participate in activities based on interests and preferences.

Ladies' Night Friday 6:00-9:00pm

Each session's group of ladies works together to plan, budget and participate in activities based on interests and preferences.

Lunch Box Saturday 11:00am-1:00pm

Social program with a focus on nutrition education, safe kitchen practices and food handling techniques. The group will plan and prepare a healthy lunch each week.

Sessional Dates:

2015 Spring Session: April 12—June 27

2015 Summer Session: July 5—Sept 21

**In the Know, previously Learn and Grow
On the Go, previously Supported Leisure*



On the Go

These one-day outings are offered on the specified dates. Please contact for pricing information.

African Lion Safari Sat, May 9, 9:00-5:00 Wed, Sep 16, 9:00-5:00

Driving tour through African Lion Safari, boat cruise, educational bird and animal shows.

Grand River Boat Thurs, May 28, 10:00-5:00

Enjoy a live musical performance followed by a 3-hour boat cruise, including lunch served at a window-side table.

Marineland Tues, June 9, 9:00-5:00 Tues, July 14, 9:00-5:00

Visit the water animals and watch their fun-filled show and interact with the land animals.

Earl Haig Fun Park Wed, June 24, 10:00-4:00 Wed, July 29, 10:00-4:00

Spend the day outside relaxing in the lazy river and other water activities.

Tiger Cat Game Sat, Aug 15, 6:00-11:00

Join Stripes TC and Pigskin Pete as we cheer on the Cats!

For bookings and more information please contact:

Kathi Soules, Community Resource Manager
905-528-0281 x249 or ksoules@clham.com

All attendance must be booked in advance, some activities may be cancelled if there is not a minimum number of attendees.