

New Children's Day Respite Program Open



Day Respite is now available for kids ages 6-18 on Saturdays and Sundays! The program is located in our renovated and fully accessible Leeming Site. Children will enjoy a day of fun, meaningful and safe activities emphasizing recreation, crafts, and community outings.

Children and Youth who meet the eligibility criteria can be referred by Contact Hamilton and participate through a monthly visit provided under a funding agreement with the Ministry of Community and Social Services and the Ministry of Child and Youth Services.

Day Respite is also available through a fee for service arrangement at a rate of \$50.00 per day. This is an excellent option for those families receiving SSAH funding who are hoping to expand the options available to their children.

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Clients, families, and Community Living Hamilton staff celebrate the grand opening of the new Children's Day Respite Program that is operating out the Leeming Street location.

For more information about Children's Day Respite, please contact Charlene McCullough, Manager, Client Services, at 905-528-0281 ext. 360.

Children's Day Respite Open for Business

The Children's Day Respite program at Leeming Street opened its doors on Saturday November 7, 2015 to client's, families, and staff to celebrate the launch of the program.

Client's were invited to check out the newly renovated facility and enjoy some the activities the program will offer.

An official ribbon cutting ceremony was held to kick off the festivities.

For more information about Children's Day Respite or to make a booking, please contact Charlene McCullough, Manager, Client Services, at 905-528-0281 ext. 360.



Sign of the Times at York Boulevard



Ever wonder how the sign on the front lawn of 191 York Blvd. gets changed? Well thanks to some of the clients at the York Program, the Community Living Hamilton message is changed on a regular basis. Whether there's rain, snow or sunshine, our sign-changers are dedicated to keeping our message fresh and positive. Thanks Josh, Eva, Chris, and Stephen!



The Composer Series - Gioachino Rossini



Gioachino Rossini

February 29, 1792-November 13, 1868

His parents were both musicians and he grew up in the theatre. At age 14 he went to Bologna's Philharmonic School and wrote his first opera seria- *Demetrio e Polibio*.

At 15 he learned to play the violin, horn & harpsicord.

He would often play and sing in public for extra money. In his lifetime he wrote more than 40 operas. He is famous for writing the "Barber of Seville" & "William Tell".

-Josh Kirkwood, York Program

Annual Halloween Dance was Spooktacular

The Community Living Hamilton Annual Halloween Dance was another crowd pleaser. Guests danced the night away in support of the United Way.

Thanks to everyone in attendance, we raised \$321.00! Thank you for supporting the United Way!



Superman (Client Services Manager Keston) made a special appearance at the dance.



All dance guests received a light-up Halloween wand and had their photo taken in front of an ominous back drop (see above).



An extra-big thank you to our space commander Carol Myke. She decorated and kept the music spinning for everyone to enjoy.



The REC Room Opens at the York Program



On October 5th, we launched a brand new service for the clients who attend the York Program called the REC Room. For the last 2 months, clients have enjoyed signing up for recreation programs and activities, and are excited to have new and meaningful ways to enjoy their day. Some of the activities include; mural painting, healthy eating classes, music appreciation, exercise classes, knitting, current events, learning to surf YouTube, and an educational session to learn about the ultimate sacrifices our soldiers make and a tribute to Remembrance Day.

-Tanya Sizer, Manager, Client Services



Clients and staff contributed not only to the content of the programs, but in the design of the room itself. Josh Thompson, John Barbosa and Mimmo Spadafora of the Maintenance Crew all helped in refurbishing the bookshelves and making them like new again.



Michael cuts the ribbon, officially opening the Rec Room for everyone to enjoy (above).

Michael and John take some time to enjoy the Rec Room after the grand opening (below).



More REC Room Activities at York Blvd.



Aleith surfs the internet to find out more information about the United Way (above).

Client's eagerly sign up for classes and events (below).



Randa will likely sign up for any cooking or baking classes. She loves baking and made muffins to sell in support of the United Way (above).



The Rec Room will surely enhance friendships as clients will bond over common interests. Pat and Laura look forward to spending more time together (above).

Zane, Karen, Brian and Gabe work on a puzzle in the Rec Room (right).



Rosedale GO's to Toronto's Union Station



Outside Union Station in Toronto!



Mandy, Kim and Karen enjoy the Go Train on the way to Union Station.



Coffee makes the ride back to Burlington even better.

On Monday November 16 Mandy, Kim, Lisa, & I went on the GO train to Union Station. It is one of my goals to go on the GO train. Lisa drove us to the Fairview station in Burlington so that we could get on the 9:41 train into Union Station. The train ride was so exciting. We got off the train at Union and went to check out all of the construction that is going on. We were able to go outside and see how busy Toronto really is. We got a coffee/tea before boarding the train back to Burlington. Everyone had a great time and I can't wait to go again sometime soon.

-Karen

Drop N Shop Launches Reward Program



Drop N Shop is proud to introduce our new stamp card!

Spend \$10 and receive 1 stamp.

Collect 10 stamps and receive \$10 off your next purchase.

Come by today and get yours!

Sunday Social - Out and About in Hamilton



The Sunday Social group is coming to a close in December but we've had a fun and exciting couple of month's together.

Our group of six has been on the move from the start - indulging our sweet tooth with cotton candy at the Caledonia fair and getting in the fall spirit picking apples and playing in the pumpkin patch. We had a inpromptu warm weather day to connect with nature at Mountsberg Conservation Area's Raptor Center and since the weather turned cold we've come indoors to explore the Warplane Heritage Museum and take in a movie.

-Sara Lang

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The Sunday Social group enjoys time at the Canadian Warplane Heritage Museum and a local fall fair. If you're interested in joining the next Sunday Social group, check out the In the Know and On the Go flyer that was included with The Advocate or visit www.communitylivinghamilton.com.

Drum Corps Ready To Go For 2016

Happy New Year!!

2016 is shaping up to be another exciting year for the Drum Corps.
We are defending our Drumline Battle Gold Medal Festival Class Provincial Championship!



Another first for the Drumline is that we will be playing a themed show. Our show's theme was picked by our xylophone player Josh.



We are very proud to announce that the 2016 show is...

"THERE'S NO PLACE LIKE HOME"

We hope that you can join us at this competition on:

**Saturday April 2nd at 1p.m.
Saint Mary's Catholic High School**

For more information please follow us on Facebook - **Fans of Community Living
Hamilton** or @drumlineontario.ca

Interested in Being a CLH Board Member?

We are always pleased to receive applications from people who want to join our Board of Directors. If you're interested in joining our Board please let us know.

You can call our main office and ask to speak with Danielle Meville; Danielle will have one of our current Board members call you back. Or, if you'd like, you can forward a letter of interest and your resume to dmeville@clham.com.



Keeping the Leeming Program Sparkling



Martin Roberts has been doing his “favourite thing” for over 25 years; being a caretaker. Martin is presently keeping the building at CAC Leeming sparkling clean. From washing the floors to cleaning the mirrors, Martin does it all. He is one of the few people who have worked at every location our program has worked out of. He began his career at LSTC (Life Skills Training Centre), moved to CAC James and now the present location. He is the most knowledgeable person we know when it comes to different cleaning products and knows a little bit about every vacuum on the market.

Martin’s “hobby” carries over to home as well. His parents tell us that they have to remind him to slow down and relax, but he wouldn’t have it any other way.

Martin says that he couldn’t imagine doing any other job and we couldn’t imagine any other person doing it.



63rd Annual General Meeting a Success



Community Living Hamilton hosted the 63rd Annual General Meeting on Tuesday October 20th at the McMaster Innovation Park on Longwood Road.

Following the business meeting, Guest Speaker, Dr. Sheila Bennett (pictured left), spoke about the importance of inclusive education. Dr. Bennett is a Professor & Former Chair in the Department of Teacher Education in the Faculty of Education at Brock University. She contributed a great deal to the development of inclusive education in Canada. Dr. Bennett was recently nominated by Community Living Ontario to be recognized for her work by CACL with a National Inclusive Education Award.

Thank you to all our members who attended this terrific meeting!

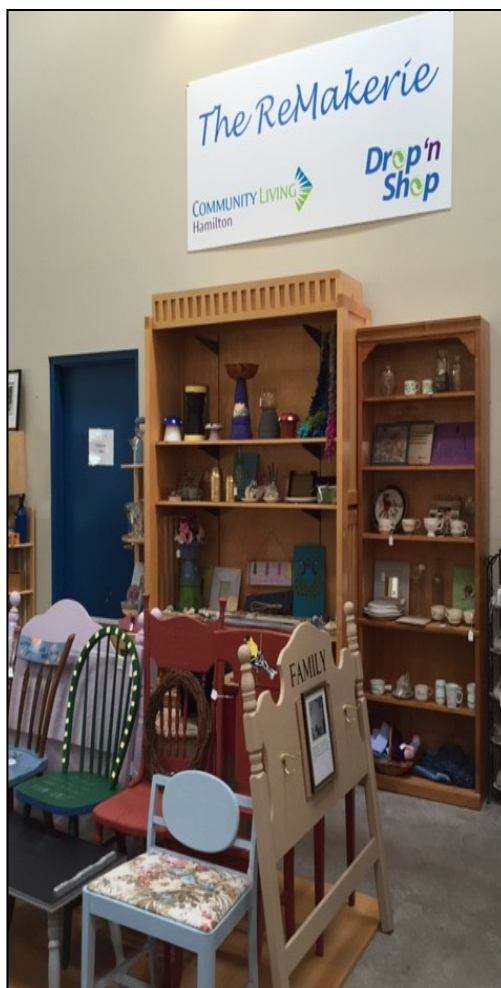
Drop n' Shop Celebrates 10-Year Milestone

The Drop N Shop celebrated it's 10th Anniversary this September. Celebrations included a 10-Day Anniversary Event that combined special discounts on everything in the store and free gifts. Customers also enjoyed free cake on Saturday September 26. Here's to 10 more great years!



Marcus, Donna, Nancy, and Lisa pose for a photo before the cake cutting that celebrated the store's 10th Anniversary (above).

Items for sale in the Remakerie (right).



Nancy cuts the cake. Nancy has worked at the Drop N Shop since it first opened it's doors in 2005.



Saying Goodbye...Bereavement Support



The Bereavement Support Group is a staff facilitated support group for clients to encourage them in discussions, activities and to be able to share and express their feelings of loss, to work through those emotions at their own comfort level in a safe and supportive environment.

Like everyone, individuals who have a developmental disability experience loss in their lives. During these times, they may need more support and encouragement to express and understand those feelings.

Visual and hands on activities are used to engage and to help clients connect with how they are feeling about their personal loss.

The group runs for ten weeks. Each week, clients progress through a work booklet that discusses a different topic.

Clients are encouraged to discuss and explore their feelings regarding a major loss / losses they have experienced which may include the death of a family member, friend, pet, or a change in their living explores emotions that a grieving person may experience and they will learn how to effectively communicate with others on how they are feeling.

The funeral process and funeral homes are also discussed, and the group will have an opportunity to tour a funeral home. Support networks are discussed and each person will map out their own support network. Clients also make memory angels and write goodbye letters, giving them the opportunity to say goodbye in their own words.

During the last week the group will have a memorial service where candles are lit in honour of each loss, poems and prayers are read and each individual is given the opportunity to say goodbye. A candle will be blown out by each individual in memory of their loss.

If you have any questions about the bereavement support group please contact: Denise Kidd at: dkidd@clham.com or 905-528-0281 ext. 260.

Annual Christmas Craft Sale a Hit



Our group of loyal bakers spent many hours preparing the baked goods table for the annual Christmas Craft Sale.

CLH held our Annual Christmas Craft Sale on Saturday November 28, 2015. Vendors were on hand with handmade crafts and baked goods. A pasta lunch was also available. We look forward to see you there next year!



A chair made by the Hester Program was for sale.